

THE CITY OF SAN DIEGO

"WHERE WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"
WWW.SANDIEGO.GOV

SAN CARLOS RECREATION CENTER

6445 Lake Badin Avenue San Diego, CA 92119 #(619) 527-3443; Fax#(619) 462-0796

Winter 2015-2016 Program REGISTRATION BEGINS NOVEMBER 21ST



Hours of Operation:

Monday-Thursday 1:00 p.m. - 9:00 p.m.

Friday: 1:00 p.m. - 7:00 p.m. Saturday: 9:00 a.m. - 4:00 p.m.

All Recreation Centers will be closed:

Friday, December 25th (Christmas Day), Friday, January 1st (New Years Day), Monday, January 18th (Rev. Martin Luther King Jr. Day), and February 15th (Presidents' Day)

Registration Hours:

Registration is available online thru ActiveNet. Log onto:

www.SDRecConnect.com.

Registration with staff at San Carlos Recreation Center is available: Monday 2:00 p.m. -8:45 p.m.

Wednesday: 4:00 p.m. – 7:00 p.m.

Friday 2:00 p.m.-6:45 p.m.

Parties, picnics, sporting events... large or small, we do it all!

You can get information about permit fees, and availability for the following parks by contacting (619) 527-3443. Please note that all field, park and building use permits are issued by appointment only. Please pay with credit card, exact cash or check made payable to 'City Treasurer'.

Pershing Middle School (multi-use fields) 8204 San Carlos Dr 92119 San Carlos Community Park 6445 Lake Badin Ave 92119 Lake Murray Community Park 7051 Murray Park Dr 92119

For information on permitting the lake grounds at Lake Murray, you can call for recorded information at (619) 465-3474 or you can contact the City's Reservoirs and Recreation Program office at **(619) 668-2050** or email them at water@sandiego.gov.

The City of San Diego neither sponsors nor endorses the information provided. Distribution of this material is provided by the City as a community service. Any questions or comments should be directed to the sponsoring agency or instructor.

As a recipient of Federal funds, the City of San Diego cannot discriminate against anyone on the basis of race, color, gender, religious creed, marital status, sexual orientation, ancestry, national origin, age, mental or physical disability, medical condition (including HIV, AIDS & AIDS-related complex). If anyone believes he or she has been discriminated against, he or she may file a complaint alleging the discrimination with either the City of San Diego Park and Recreation Department at (619) 235-1135 or the Office of Equal Opportunity, U.S. Department of the Interior, Washington D.C. 20240. This information is available in alternative formats upon request.

Online registration! Effective: May 2014.

Please visit www.SDRecConnect.com to create an account and get signed up.

Returning customers (previously registered for classes online) - Click the 'my account' button. Enter your login (email) and password. Login with this password to activate your account.

New Accounts—click on the 'create account' button. Fill out the new account request form completely; including all required fields (birth date, gender, email etc) and click submit. Please submit your request only once. You will receive a confirmation email at the address you provided. Please follow directions provided to activate your account.

**Please note: (for first time users only) Parent/Guardian must create their own account first using their own information. Once you have an online registration account you will have the opportunity to add a child as a family member. If you need help, please click the FAQ (frequently asked questions) button for more information.

In person registration hours are Mondays 2:00 p.m.-8:45 p.m., Wednesdays 4:00 p.m. – 7:00 p.m. and Fridays 2:00 p.m.-6:45 p.m.

Children under 18 must be registered by a parent/legal guardian.

Payment Policies

- Payment is required at the time of registration.
- Please pay with EXACT cash, check made payable to SCRC or credit card.
- A \$25.00 fee will be charged for all returned checks.
- Class fees are not prorated or discounted.
- Effective September 8, 2015, service fees will apply as follows for all transactions. For all Online Registrations, \$2.00 transaction fee and 3% Processing Fee will be charged for every transaction. For In-house Registrations, \$2.00 transaction fee will be charged for every transaction. Rates are established by the service provider and are non-refundable.

Refund Policies

- No refunds or make-ups for missed classes (i.e. routine illness, vacations, or other schedule conflict).
- A \$20.00 service fee will be charged per registrant for each refund request.
- Due to the nature of their business, class instructors rely on registration numbers in order to plan safe and well supervised classes. If you or your child is unhappy, or your child does not participate after the refund deadline, we cannot process a refund or transfer. Thank you for your understanding.
- A Refund Request Form and your registration receipt must be submitted prior to second class meeting.

Requirements for Independent Contractors:

All contractors, sub-contractors and volunteers must be fingerprinted through the City of San Diego Live Scan process. Contractors must submit a business license and proof of insurance. Contractor must also provide Worker's Compensation coverage for all employees. City staff handles all registration for the program. All independent contractors are identified with a (*) on this program.

Permit Holder Requirements:

Permit holders must provide proof of insurance. Program advertisement and registration is the responsibility of the permit holder. Permit holders are not required to submit proof of fingerprinting for their coaches, volunteers, and/or instructors.

All permit holders are identified with a (**) on this program.

SAN CARLOS / LAKE MURRAY RECREATION COUNCIL

These groups of concerned citizens volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They plan, promote, publicize and help provide recreation opportunities for citizens in the San Carlos community. Groups, clubs and leagues using the parks are encouraged and welcomed. The San Carlos / Lake Murray Recreation Council meets on the third Wednesday of odd months at 6:30pm at the San Carlos Recreation Center. Persons interested in making a positive impact or who have concerns about local parks and the recreation center should attend these meetings.



COMMUNITY INFORMATION:

Allied Gardens Swimming Pool	235-1143
Allied Gardens Recreation Center	235-1129
Lake Murray Boat Rental/Fishing	1-800-416-6992
Lake Murray Tennis Club	469-3232
Mission Trails Regional Park	668-3275
San Carlos Public Library	527-3430
San Carlos Area Council	462-1408



Adult Special Interest Groups

Model "A" Restores Club	2nd Friday	6:30 p.m8:30 p.m.
SloJam Band	3rd Friday	6:30 p.m8:45 p.m.
San Diego Fly Fishers	Thursdays	6:30 p.m8:45 p.m.
TOPS	Mondays	5:30 p.m7:00 p.m.

Camp Coyote: Holiday Break

DECEMBER 21ST — 24TH & DECEMBER 28TH — 31ST

EXTENDED CARE HOURS 7:00AM — 6:00PM \$125.00

WEEK 1: CODE #21991; WEEK 2: CODE #21992

(EXTENDED CARE IS NOT AVAILABLE DECEMBER 24TH & 31ST)

CORE CARE HOURS 9:00AM — 4:00PM \$100.00

WEEK 1: CODE #21993; WEEK 2: CODE #21994

"ARTS. SPORTS. COOKING. GAMES. FIELD TRIPS (TBD)

DAY CAMP COUNSELORS WILL BE SAN CARLOS RECREATION

CENTER LEADERS. ALL ARE CPR/FIRST AID CERTIFIED

MINIMUM OF 5 CAMPERS NEEDED.

PLEASE REGISTER ON TIME TO ENSURE CAMP WILL RUN.

As a recipient of Federal funds, the City of San Diego cannot discriminate against anyone on the basis of race, color, gender, religious creed, marital status, sexual orientation, ancestry, national origin, age, mental or physical disability, medical condition (including HIV, AIDS & AIDS-related complex). If anyone believes he or she has been discriminated against, he or she may file a complaint alleging the discrimination with either the City of San Diego Park and Recreation Department at (619) 235-1135 or the Office of Equal Opportunity, U.S. Department of the Interior, Washington D.C. 20240. This information is available in alternative formats upon request.



Come and enjoy a fun instructional sports class ran by the San Carlos Staff. We will play a different game each week focusing on the fundamentals of the sport. Games include Basketball, Soccer, Tee-Ball, and more.

Who: Boys & Girls Ages: 3 to 8 Years

Cost: \$40.00

When: Every Tuesday 4:00 p.m. - 5:00 p.m.

Nov. 24th - Dec. 29th Code#21499 Sessions:

Jan. 5th - Feb. 9th Code#21500

No session on February 16th





Civic Dance Arts

Spring registration: Saturday, December 19th, 2015 at 10:00 a.m.

Register at www.SDRecConnect.com

Cost: \$41 for 10 weeks; codes listed below

Classes: Wednesdays, January 6 - May 18, 2016

3:00 p.m. Pre Ballet (4-6 years) code#19954

3:45 p.m. Pre Tap (4-5 years) code#19955

3:45 p.m. Beg Jazz 1A (6-17 years by) **code#20150**

4:30 p.m. Adv. Beg Jazz 2A (8-17 years pre requisite skills required) code#20151

4:30 p.m. Beg Tap 1A (6-17 years) code#19956

5:15 p.m. Beg Hip Hop 1A (8-17 years) code#20152

5:15 p.m. Adv Beg Tap 2A (8-17 years pre requisite skills required) **code#19957**

6:00 p.m. Adv Beg Tap 2A (8-17 years pre requisite skills required) code#19958

For more information, please call the Dance office: 619-235-5255

or log onto: www.civicdancearts.org





GYMNASTICS AND TUMBLING

Class Day: Friday Instructor: SCRC Staff

TUMBLING:

Ages: 3-5 years Time: 3:15 p.m.-4:00 p.m. Dec.: \$30.00 code#21504/ Jan.: \$40.00 code#21505/

Feb.: \$40.00 code#21506

Preschoolers learn the basics of tumbling including rolls, cartwheels, balance beam, springboard and uneven bars.

BEGINNING GYMNASTICS:

Ages 6-12 years Time: 4:00 p.m. -5:00 p.m. Dec.: \$30.00 code#21493/ Jan.: \$40.00 code#21494/

Feb.: \$40.00 code#21495

Elementary aged children learn the basics of tumbling including rolls, cartwheels, balance beam, springboard and uneven bars. This class offers room for advancement as skills develop.

*NO CLASS FRIDAY, Dec 25th and Jan 1st

PARENT'S NIGHT OUT

Second Friday of each month Instructor: City staff Ages: 6 – 12 years Time: 5:00 p.m. – 9:00 p.m.

Cost: \$10.00 per child:

Dec.: code#21496/ Jan.: code#21497/

Dec.: code#21498

Need a night out with your significant other, family or friends? We'll provide a fun and safe night for your child including indoor and outdoor games, crafts and dinner!

*Please alert us of food allergies.

BALLET AND INTRO TO DANCE

Class Day: Monday Instructor: Liana (*)

INTRO TO DANCE

Ages 2.5 - 3.5 Time 3:00 p.m. - 3:30 p.m.

No classes in Dec/ Jan.: \$30.00 code#21621/

Feb.: \$40.00 code#21622

Students will learn the basics of ballet and tap through a structured class of imaginative exercises.

PRE-BALLET

Ages: 3 – 5 years Time: 3:30 p.m. – 4:15 p.m.

Dec.: \$20.00 code#21501/ Jan.: \$30.00 code#21502/

Feb.: \$40.00 code#21503

Students will learn locomotor movement and use their imaginations through creative expression. Students must be comfortable being away from their parents.

BALLET I

Ages: 6 – 8 years Time: 4:15 p.m. – 5:00 p.m.

Dec.: \$20.00 code#21484/ Jan.: \$30.00 code#21485/

Feb.: \$40.00 code#21486

Students will learn the fundamentals of ballet technique, terminology and refine their locomotor skills.

BALLET II

Ages: 9 – 12 years Time: 5:00 p.m. - 6:00 p.m.

Dec.: \$20.00 #21487/ Jan.: \$30.00 #21488/

Feb.: \$40.00 code#21489

Students will learn ballet technique while improving posture, coordination, flexibility and musicality.

*NO CLASSES Dec 21st & 28th, Jan 18th and Feb 15th

ART SMARTS

Art Enrichment

Class Day: Friday Instructor: Penny (*)
Ages: 5-12 years Time: 4:00 p.m.-5:00pm
Dec.: \$33.00 code#21481/ Jan.: \$33.00 code#21482

Feb.: \$44.00 code#21483

Drawing and painting animals to abstracts using oil pastels, watercolors and other mediums. Each child will take home 1-4 finished projects a month.

Ceramics

Class Day: Friday Instructor: Mary (*)
Ages: 5-12 years Time: 3:00 p.m.-4:00pm
Dec.: \$33.00 code#21490/ Jan.: \$33.00 code#21491

Feb.: \$33.00 code#21492

Learn the fun of ceramics from building clay to glazing! Each child will take home 1-2 finished projects a month.

www.ArtSmarts.net or Art Smarts, Inc on Facebook











SPORT: Basketball

Who: Boys & Girls Ages: 5 to 14 Years

Registration: Nov. 21st - Dec. 9th or until full Age cut off: March 13th

Cost: \$50.00 includes Jersey, Award, Photo, a Banquet and Officials Fees.

January – March 2016 **Tournament: TBA** Season:

Ages/Divisions: 6u (5-6 years of age) Code #21508

8u (7-8 years of age) Code #21509 10u (9-10 years of age) Code #21510

12u (11-12 years of age) Code #21511

14u (13-14 years of age) Code #21512

Sat. Dec. 12th - 8u @ 10:00 a.m.

10u @ 12:00 p.m. 12u @ 2:00 p.m.

Mon. Dec. 14th - 14u @ 7:00 p.m.

PROOF OF AGE AND PHOTOS ARE DUE AT TIME OF REGISTRATION, NO EXCEPTION

*NO REFUNDS WILL BE ISSUED AFTER THE DRAFT.

REGISTER AT WWW.SDRECCONNECT.COM

Coaches will be contacting parents by December 23rd for practice schedule. Games will begin Mon., Jan. 4th for 12u, Wed., Jan 6th for 14u and Sat., Jan. 9th for 6u, 8u and 10u divisions

UPCOMING LEAGUE:

SPORT: VOLLEYBALL(Spring)

Who: Boys & Girls Ages: 8 to 16 Years

Registration: Feb. 20th - March 19th or until full Age cut off: June 16th

Cost: \$60.00 includes Jersey, Award, Photo, a Banquet and Officials Fees.

Tournament: TBA March - June 2016 Season:

Ages/Divisions: 10u (8-10 years of age)

12u (10-12 years of age) 14u (12-14 years of age) 16u (15-16 years of age) DIVERSITY

PROOF OF AGE AND PHOTOS ARE DUE AT TIME OF REGISTRATION, NO EXCEPTION

*NO REFUNDS WILL BE ISSUED AFTER THE FIRST WORK-OUT.

REGISTER AT WWW.SDRECCONNECT.COM

As a recipient of Federal funds, the City of San Diego cannot discriminate against anyone on the basis of race, color, gender, religious creed, marital status, sexual orientation, ancestry, national origin, age, mental or physical disability, medical condition (including HIV, AIDS & AIDS-related complex). If anyone believes he or she has been discriminated against, he or she may file a complaint alleging the discrimination with either the City of San Diego Park and Recreation Department at (619) 235-1135 or the Office of Equal Opportunity, U.S. Department of the Interior, Washington D.C. 20240. This information is available in alternative formats upon request.

^{*}AGE CUT OFF DATE - March 13th*

^{*}AGE CUT OFF DATE - June 16th *